

Weekly Menu



Month of _____

| | | | | THURSDAY | |
|--|-----------------------------------|-----------------|-------------------|------------------------------|-----------|
| | Mini pancakes | Yogurt | PB Toast | Oatmeal | Cheerios |
| | From home | From home | From home | From home | From home |
| | Cucumbers and carrots with hummus | Graham Crackers | Cheese and Grapes | Sunflower seeds and crackers | N/A |