

Morning rhythm

8:45 Arrival and free play

9:25 Circle and songs

9:45 Snack

10:00 Outside play

10:45 Story time

11:15 Lunch

11:45 Inside free play

12:15 Quiet reading time

12:30 Half-day dismissal/Naptime

Afternoon rhythm

3:00 Snack

3:30 Circle and songs

4:00 Free play